



# Detection and Genotyping of Human Papillomavirus in Egyptian Head and Neck Cancer Patients

Doaa A. Salem<sup>1\*</sup>, Sherif Bahaa<sup>2</sup>, Mahmoud N. El Rouby<sup>1</sup>, Abeer A Bahnassy<sup>3</sup>, Yehia A. Osman<sup>4</sup>, and Abdel-Rahman N. Zekri<sup>1</sup>

- Virology and Immunology Unit, Cancer Biology Department, National Cancer Institute, Cairo University, Cairo, Egypt, 11796.
  - <sup>2)</sup> Surgical Oncology Department, National Cancer Institute, Cairo University, Cairo, Egypt.
    - <sup>3)</sup> Pathology Department, National Cancer Institute, Cairo University, Cairo, Egypt.
  - <sup>4)</sup> Botany Department, Faculty of Science, Mansoura University, Mansoura, Egypt, 33516.

#### **Emails:**

Doaa A. Salem: doaa.ahmed@nci.cu.edu.eg
Sherif Bahaa: sherifbahaa@hotmail.com
Mahmoud N. El Rouby: mnelrouby@cu.edu.eg
Yehia A. Osman: yaolazeik@mans.edu.eg
Abeer A Bahnassy: chaya2000@hotmail.com
Abdel-Rahman N. Zekri: ncizekri@yahoo.com
Correspondence to Doaa A. Salem

Address: Cancer Biology Department, Virology and Immunology Unit, National Cancer Institute, Cairo University, Cairo, Egypt, 11796.

Email: doaa.ahmed@nci.cu.edu.eg



## **Abstract**

Background: The new classification of Head and Neck Squamous Cell Carcinoma (HNSCC) according to their association with human papillomavirus (HPV) infection into HPV positive tumors with good prognosis and HPV negative tumors with a poor prognosis has changed the treatment strategy of HNSCCs dramatically worldwide. However, data concerning HPV infection in HNSCCs patients is still limited and there are no studies regarding HPV genotypes in HNSCC among Egyptians. Therefore, the aim of the current study is to investigate the frequency of HPV and to detect the most prevalent HPV genotypes in Egyptian patients with oral cavity and oropharyngeal squamous cell carcinoma.

Methods: Ninety-two oral brushing samples (76 oral cavity and 16 oropharynx) were collected by an Orcellex Brush ® in CYTO-fast solution. The extracted DNA was subjected to two different molecular techniques; the e-BRID System<sup>™</sup> for automatic detection and genotyping and the conventional PCR for detection of HPV DNA using consensus primers (MYO9/MYO11).

Results: Out of the 92 cases assessed, HPV DNA was found in three samples only (3/92; 3.3%) and the HPV66 genotype was the only genotype detected by the e-BRID System<sup>TM</sup>.



Conclusion: Our findings may indicate that the HPV-associated HNSCC among Egyptian patients is very low and highlight the presence of HPV66 genotype in these malignancies. Other studies from different governorates in Egypt are still needed to determine the exact frequency of HPV infections in head and neck cancer.

Keywords: Human Papillomavirus; Flow-through hybridization; HPV66; Polymerase Chain Reaction; genotyping.

## 1. INTRODUCTION

Head and Neck Squamous Cell Carcinomas (HNSCCs), which include cancers of the oral cavity, oropharynx, and larynx, have an estimated annual burden of 330,000 deaths and more than 650,000 incident cases, making it the sixth most common cancer worldwide (1). In Egypt, a study in 2017 reported that the number of new cases of the oral cavity and oropharyngeal cancer is 1687 cases per year with 659 deaths (2). Tobacco smoking, alcohol consumption, and infection by Human Papillomavirus (HPV) are considered the major risk factors for the development of these diseases (3).

HPV is a small, non-enveloped, double-stranded, circular DNA virus with a genome of approximately 8000 base pairs that infects the skin and mucous membranes (4). To date, more than 220 HPV genotypes have been identified. They are divided into two main groups according to their association with cancer: the low risk (LR) HPV types (6, 11, 40, 42, 43, 44, 54, 55, 61, 62, 67, 69, 70, 71, 72, 81, 84 and 89 (CP6108)) and the high risk (HR) HPV types (16, 18, 26, 31, 33, 35, 39, 45, 51, 53, 56, 59, 66, 68, 70, 73, and 82) (5). Recently, HNSCCs are classified according to their association with HPV into HPV positive (+) and HPV negative (-) where HPV+ HNSCCs patients have an improved outcome to the current treatment options (6).

In the last few decades, a significant increase of HPV-associated head and neck cancer in younger males with higher Socioeconomic status was observed in the developed countries attracting global attention of the world (7). However, the situation in Egypt is still unclear where limited data is available with only a few studies on this issue (8, 9). This highlights the need to assess this topic and to investigate the association between HPV infection and HNSCC in Egyptian patients.

Diagnosis of HPV infection is based on molecular biology techniques as it allows accurate identification and genotyping. The majority of published studies investigating the prevalence of HPV among HNSCCs patients used many different methods for HPV testing in fresh frozen, and/or formalin-fixed paraffin-embedded tumor tissue samples including the polymerase chain reaction (PCR), in situ hybridization (ISH), or immunohistochemistry (IHC) using P16 expression. (10) These detection methods in HNSCC show broad variations in sensitivity and specificity thus, the choice of methods with high sensitivity and specificity for HPV detection is highly important.

Among the HPV detection methods is the e-BRID System<sup>TM</sup> (Hospitex Diagnostics, Florence, Italy), which is an automated instrument that is able to identify 18 high-risk and 18 low-risk human papillomaviruses (HPV) genotypes rapidly and sensitively. It is based on direct PCR from crude-cell extracts, automatic flow-through hybridization, and colorimetric detection. (11, 12) An obvious advantage of using the e-BRID System<sup>TM</sup> is that it has a very high sensitivity for HPV detection besides, it can be performed in a very short time compared to other systems thus, reducing the total processing time from hours to minutes.

The objective of this study was to assess the prevalence of HPV in oral brushing samples of Egyptian patients with head and neck carcinomas, as well as to identify the most common HPV genotypes using the HPV Direct Flow CHIP assay. The results will be compared to those obtained by testing the same oral brushing samples using conventional PCR.

# 2. MATERIALS AND METHODS

# 2. 1 Sample Collection

A total of 92 samples (76 oral cavity and 16 oropharynx) were collected from patients with clinically obvious lesions during their first consultation at the Surgical Pathology Unit, National Cancer Institute, Cairo University in the period from January 2016 to



November 2017. All patients were naïve to treatment (neither radiotherapy nor chemotherapy was received). The samples were taken by rubbing the lesional mucosa of the patient with an Orcellex Brush ® (Rovers Medical Devices B.V., Oss, The Netherlands) and rotating the brush 5–10 times. The brush was then swirled vigorously in 17 mL of a CYTO-Fast<sup>TM</sup> Collection Vial for preservation. Cases with insufficient number of cells and those with missed clinical data were excluded from the study. The clinicopathological features of the tested patients (age, sex, tumor grade and stage, lymph node metastasis, a history of smoking, and marital status) were collected from patients' files.

#### 2.2 DNA Extraction

Although the HPV Direct Flow CHIP assay works properly with direct PCR from crude-cell extracts without DNA extraction, we started with a purified DNA in order to avoid any contamination and to ensure that we have enough DNA for the direct PCR by the e-BRID System<sup>TM</sup>. In addition, purified DNA was also used for HPV-DNA amplification by the conventional PCR technique. The cytobrush samples were collected in CYTO-Fast<sup>TM</sup> Collection Vials and centrifuged at 2000 rpm for 10 minutes at room temperature. The samples were then washed with PBS (Phosphate Buffer Saline), centrifuged again at 2000 rpm for 10 minutes at room temperature and the supernatant was then removed and the pallet was treated using 100 μL of proteinase K. The DNA was finally extracted by using (QIAamp® DNA Mini Kit) (Cat. no. 51304), according to the manufacturer's instructions and the extracted HPV and human genomic DNA were immediately stored at–20° C until used for PCR amplification.

The quantity and quality of the extracted DNA were determined in terms of concentration and purity using UV spectroscopy (NanoDrop8000, Thermo scientific, USA).

## 2.3 HPV Testing

Two molecular HPV assays were used in parallel for the detection and genotyping of HPV from the extracted genomic DNA.

## 2.3.1 HPV detection and genotyping by the e-BRID System<sup>TM</sup>.

Six µl of the purified DNA of each sample was mixed with a specific formulation of the PCR mix and Taq DNA polymerase in the HPV Direct flow CHIP kit (Master Diagnóstica, Granada, Spain). This allows PCR to be completed within 60 min only in which amplification of a 268 bp fragment of the human beta-globin gene (internal control) and a 150 bp fragment of the HPV L1 region (GP5+/GP6+) occurs. The PCR products were denatured at 95°C for 5 min (in a thermocycler) just before hybridization and then were chilled on ice for at least 2 min. The reverse dot blot hybridization and read-out of the results were then performed automatically in the e-BRID System<sup>TM</sup> (Hospitex Diagnostics, Florence, Italy), which takes 90 minutes only to complete the run of 15 samples.

A positive sample is defined when a signal in the spot "B" (hybridization control), spot "C" (PCR control), spot "U" (HPV Universal probe) and in the corresponding HPV genotype probes appears as shown in (Fig. 1).

## 2.3.2 HPV detection by Conventional polymerase chain reaction (PCR)

The purified DNA was subjected to conventional PCR amplification that amplifies 450 bp of the HPV-L1 region using consensus primers MY09 (5\_ CGTCCMARRGGAWACTGATC- 3) and MY11 (5\_- GCMCAGGGWCATAAYAATGG- 3). A known HPV positive control and negative control (water) were included in each run. The amplification products were visualized by means of electrophoresis analysis on 1% agarose gels containing ethidium bromide (0.5 mg/ml).

## 2.4 Statistical analysis

The data were analyzed using the **SPSS** (Statistical Package for the Social Science V.21). The normality of data was first tested with one-sample Kolmogorov-Smirnov test. Qualitative data were described using number and percent. The association between categorical variables was tested using the Chi-square test while Fischer exact test was used when the expected cell count was less than 5. Continuous variables were presented as mean  $\pm$  SD (standard deviation) and the two groups were compared with Student t test.



#### 3. RESULTS

# 3.1 Study population

This study was conducted on ninety-two (92) patients who were diagnosed clinically and histopathologically as HNSCCs: seventy-six (82.6%) patients had oral cavity SCC and the other sixteen (17.4%) patients had oropharyngeal SCC. The mean age of the studied patients was 57.63 years with the highest frequency in patients  $\geq$  60 years old. Males represented 55.4% of the studied group and females represented 44.6%. Regarding Marital status and smoking, 98.9% of the studied cases were married and out of those 38% were smokers. Twenty-nine (31.5%) patients were positive for the lymph node metastasis and (68.5%) were negative. The clinicopathologic data of the 92 patients according to HPV positivity are summarized in (Table 3.1).

**Table 3.1,** Clinico-pathologic data of the patients according to HPV positivity: (n=92).

Clinico-pathologic data	n(%)	Positive HPV (n=3) n(%)
Sex		
Male	51 (55.4)	2 (66.7%)
Female	41 (44.6)	1 (33.3%)
Age		
< 50 y	15 (16.3)	0 (0%)
50-60 y	37 (40.2)	2 (66.7)
≥ 60 y	40 (43.5)	1 (33.3)
Tumor location		
Oral cavity	76 (82.6)	2 (66.7)
OP	16 (17.4)	1 (33.3)
Marital Status		
Married	91 (98.9)	3 (100.0)
Single	1 (1.1)	0 (0.0)
Smoking		
Smoker	35 (38.0)	1 (33.3)
Non-Smoker	57 (62.0)	2 (66.7)
Tumor grade		
Hyperplasia	1 (1.1)	0 (0.0)
Grade 1	9 (9.8)	0 (0.0)
Grade 2	71 (77.2)	3 (100)
Grade 3	11 (12.0)	0 (0.0)
Lymph node metastasis		
Positive	29 (31.5)	2 (66.7)
Negative	63 (68.5)	1 (33.3)

# (OP) oropharyngeal

# 3.2 HPV Results

Using the e-BRID System<sup>™</sup>, a total of 92 patients were examined for the presence of HPV DNA as well as for genotyping. Only three specimens out of all the studied specimens were positive for HPV (3.3%). Interestingly, all the positive HPV cases were HPV 66 genotype only (Fig.2).



When the same specimens were validated by subjecting them to the conventional PCR to detect the HPV DNA, the same findings were confirmed where the same three cases were only positive (3.3%) (Fig.3).

Regarding the anatomical location of the tumor in the positive cases; the oral cavity showed the highest prevalence of HPV DNA (66.7%) compared to the oropharynx (33.3%). All positive cases were married, two of them were males (one smoker and one non-smoker) and one female (non-smoker). The median age of the HPV positive cases was 57.67 (range 51-64 years).

#### 4. Discussion

Numerous studies have confirmed the involvement of HR-HPV types in the development and progression of HNSCCs, especially in the oropharynx. (5, 7, 13). However, the prevalence of HPV in the HNSCCs differs between various studies and populations. These differences may be attributed to the different areas in which the studies were conducted, the differences in risk factor-associated behavior between populations under study from different countries, or the use of different technical detection methods. In this study, we were able to detect HPV positivity in only 3.3% of all studied HNSCCs patients who ranged in age from 51 to 64 years using both the e-BRID System<sup>TM</sup> and the PCR suggesting that the infection of HPV associated HNSCCs in Egypt is very low

Comparable results have also been reported in a recent study by Alsbeih et al who investigated the association between HPV infection and HNSCCs in patients from Saudi Arabia. The authors proved that in Saudi Arabia, the proportion of HNSCC attributed to infection with HPV is very low as in Egypt since they also found only a 3.5% prevalence of HPV DNA among the studied cases (6/28 oropharyngeal and 4/257 Oral cavity cancers) (14). Another study in Jordan by Qatouseh et al examined the prevalence of HPV DNA in 108 paraffin-embedded tissue samples also showed a relatively low prevalence of HPV DNA (14.8%) (15)

In contrast, a slightly higher prevalence (28%) of HPV DNA in oropharyngeal Squamous Cell Carcinoma (OPSCC) has been reported in a group of Egyptian patients assessed by Tealab et al, who investigated the presence of HPV in 99 paraffin-embedded tissue samples.(8). However, this relatively high presence of HPV compared to our results may be attributed to the difference in methods and type of samples used.

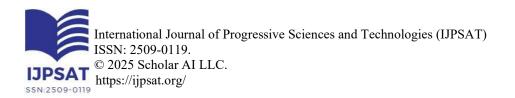
Our results may be in contrast with other previously published data in developed countries. For example, in the United States, about 60-70% of their OPSCC (oropharyngeal squamous cell carcinoma) cases were HPV-related. (16, 17) Since HPV is a sexually transmitted virus and several Studies have shown that increased oral sex activity and the number of oral sex partners have been associated with increased risk of HPV positive head and neck malignant tumors. Although these results might be normal and acceptable in the developed countries. However, in Egypt due to religious and ethical issues, these habits are strongly rejected by most Egyptians especially the elder as well as by the people who are living in the rural area. This might provide an explanation for the very low prevalence of HPV in the HNSCCs.

In relation to the anatomical location, the oral cavity appeared to have a greater HPV positivity (66.7%) compared to the oropharynx (33.3%). Our findings are similar to those reported by Vietía et al., (18). Our study results may be because that the number of oral cavity specimens enrolled was higher than oropharynx specimens.

In the current study, brush sampling of the lesional mucosa was used for the collection of the samples from the patients. Previous studies provided evidence that brush sampling for HPV testing in oropharyngeal cancers is considered a valid approach. Besides, it is a suitable, safe, and non-invasive sampling method with few side effects. (19, 20, 21)

To the end to our knowledge, there is no previous study in Egypt that reported the prevalence of HPV genotypes in HNSCCs till now. The high incidence of high-risk HPV genotypes, especially genotypes16 and 18, have been well established and reported in several studies at all anatomical locations. (22). However, the role of HPVs as an etiological factor for HNSCCs is still under debate.

Interestingly, in our study HPV66 genotype showed unexpected prevalence in all the positive samples. HPV66 is an  $\alpha$ -papillomavirus that infects mucosal membranes and belongs to the high risk HPV group (23). Studies in Brazil, Croatia, and





Mexico have been reported a high prevalence of HPV66 among women with abnormal cervical cytology. (24, 25, 26) In Egypt, HPV66 has been reported in a study that investigated the prevalence of HPV genotypes in cervical specimens from a group of Egyptian women. (27). Additionally, HPV66 was also reported by our team in a study that included Egyptian women who undergo gynecological examination in the national cancer institute. (unpublished results yet). The presence of HPV66 genotype in Egyptian patients might be related to the geographical region. Moreover, the association of HPV66 genotype in HNSCC with the geographical location (Egypt) might warrant a recommendation for further studies to evaluate the reasons for these genotypic differences in HR-HPV types in HNSCC and provide an explanation for the exact reason for the low incidence of HPV infection in head and neck tumors in Egypt.

To our knowledge, the current study is the first study to both detect and genotype HPV in HNSCCs in Egyptian patients. Furthermore, it is the first study to report the association between HPV66 and different head and neck sub sites. Another important point that strengthens our study is the use of the Orcellex brush that was designed specifically to permit sampling of cells from within intra-epithelial locations, where most dysplastic cells are found. Besides, the use of two HPV detection methods; the e-BRID System<sup>TM</sup> and the conventional PCR. The latter used MY09 & MY11 set of primers which from previous studies were considered the best primers to amplify the HPV DNA compared to other HPV primers.(28).

On the other hand, one limitation of our study is the low number of the included specimens especially from the oropharynx that did not allow us to perform adequate analysis. However, a plausible explanation of this might raise questions about the low number of oropharyngeal cancers cases in Egypt compared to other head and neck sub sites. [2, 29]

#### 5. Conclusion

The results of the current study confirm that the e-BRID System™ is suitable for routine analysis and allows the detection of HPV DNA from oral brush samples of head and neck cancer with comparable sensitivity and specificity to conventional PCR. The presence of HPV-DNA (HPV66) in only three cases in our study suggests that the proportion of HNSCC attributable to infection by HPV seems to be very low in Egypt. Hence, further studies covering diverse geographical and socioeconomic groups including different governorates are needed to delineate the profile of HPV infectivity and genotypes in HNSCCs in the Egyptian population.

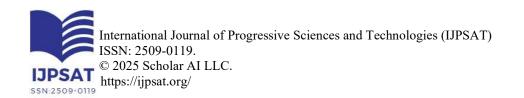
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#### **Declarations:**

# Ethics approval and consent to participate

The study was ethically approved by the Institutional Review Boards (IRB) of the National Cancer Institute, Cairo University. Organization No·IORG0003381 (IRB NO·IRB00004025).

## Consent to publication

A written informed consent was obtained from each patient. All study participants were informed of the purpose of the survey and were asked to sign a consent form before being part in the study.

# Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

# **Competing interests**

The authors declare that they have no competing interests.

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# **Authorship Responsibility:**

**DS** carried out the practical work, data analysis, wrote and edited the manuscript. **MR** and **YO** participated in coordination and supervised the work. **SB** supervised the collection of samples from patients. **AB** reviewed the manuscript critically for its



scientific content. AZ participated in the study design and coordination and supervised all the work. All authors read and approved the final manuscript.

#### List of abbreviations:

HNSCC: Head and neck squamous cell carcinoma.

**HPV:** Human papillomavirus.

PCR: Polymerase chain reaction.

**ISH:** In situ hybridization.

ICH: Immunohistochemistry.

**HR-HPV:** High risk Human papillomavirus.

IRB: Institutional Review Board.

PBS: Phosphate Buffer Saline.

SPSS: Statistical Package for the Social Science.

**OPSCC:** oropharyngeal Squamous Cell Carcinoma.

## **Figure Legends:**

**Fig.1.** The distribution of spots in the membrane. the spot "B" (hybridization control), spot "C" (PCR control), spot "U" (HPV Universal probe) and 36 HPV genotype probes in duplicates.

**Fig.2.** Positive HPV66 sample by the e-BRID System<sup>TM</sup>. A signal in the spot "B", spot "C", spot "U" (dark spots) and in the corresponding HPV66 genotype probe (faint spots).

**Fig.3.** Agarose gel 1% electrophoresis of PCR products for MY09/11 primers for HPV. M: 100 Molecular weight marker, lane 1: Negative Control, lane 2: Positive control, lanes 3-5 three negative samples, and lane 6: Positive sample (450 base pairs).

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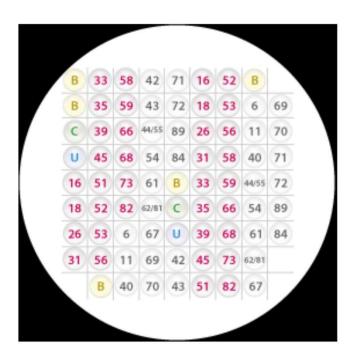


Fig.1

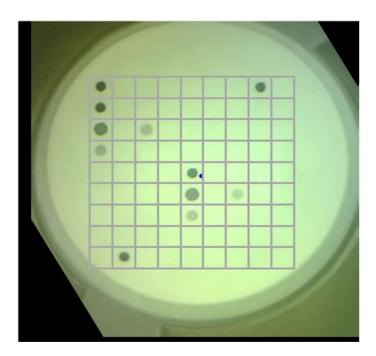


Fig.2

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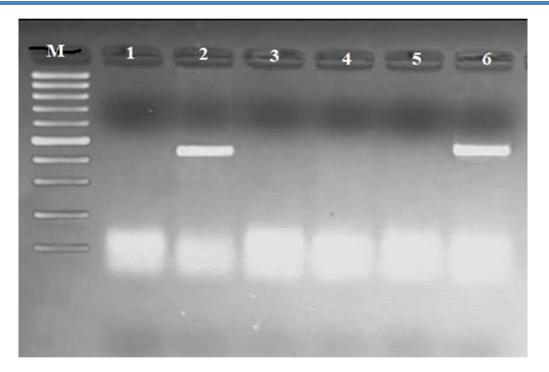


Fig.3